AN EVERYDAY SURVIVAL KIT

**Toothpick** - to remind you to pick out the good qualities in others.

**Rubber band** - to remind you to be flexible, things might not always go the way you want, but it will work out.

**Band Aide** - to remind you to heal hurt feelings, yours or someone else's.

**Pencil** - To remind you to list your blessings everyday.
Eraser - to remind you that everyone makes mistakes, and it's okay.

Chewing gum - to remind you to stick with it and you can accomplish anything.

Mint - to remind you that you are worth a mint to your family and friends

Candy Kiss - to remind you that everyone needs a kiss or a hug everyday.

Tea Bag - to remind you to relax daily and go over your list of blessings.

To the world, you may just be somebody... but to somebody, you may be the world.

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